



Touch Breath Space by Sarah Connors (from a tale told by Linda)

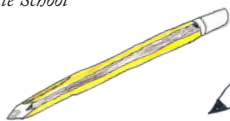
Not being able to touch during lockdown was hard. Nothing beats a well timed hug from someone you care about. For me, the absence of touch had wider implications. I am an artist but one of many interests I have apart from painting is dance. Once restrictions were lifted, two other dancers and myself began choreographing a piece about the pandemic.

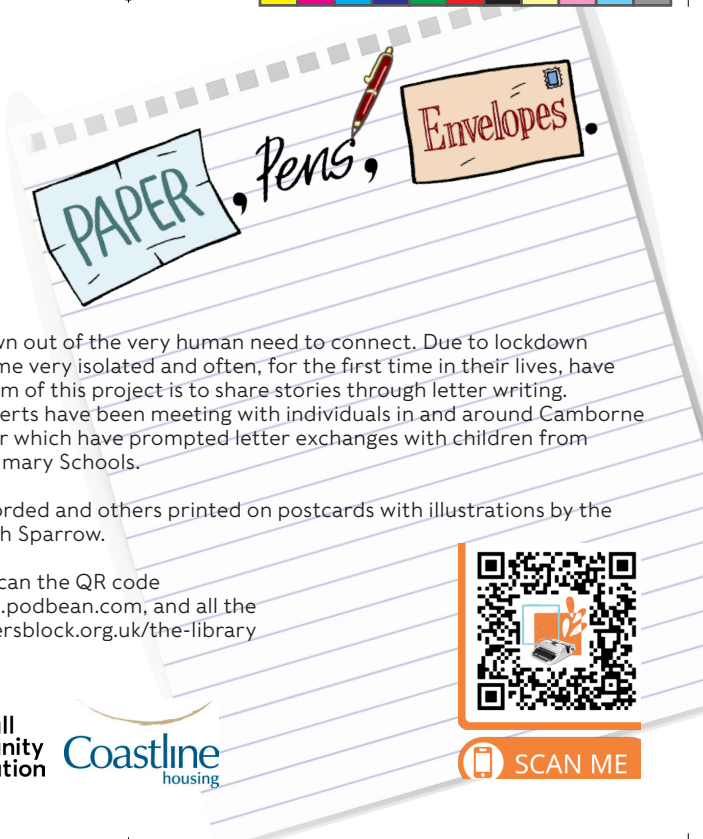
We had a problem...we could not touch.

This was difficult as most of our cues are given by a gentle hand on a shoulder or a touch on the arm. Instead we had to think of something different. When my partner was ready to move onto the next part of the dance sequence, I listened really hard and sensed a change in his breathing. This was my cue. We practise at an outdoor studio, overlooking the sea. After being in lockdown, there is something electric about dancing outdoors. I feel the absence of walls - the luxury of space. We let the sound of the sea and our breathing guide us back to a new normal.



Drawings by pupils at Trewirgie School





Paper Pen Envelopes or PPE has grown out of the very human need to connect. Due to lockdown restrictions, many people have become very isolated and often, for the first time in their lives, have experienced loneliness. The simple aim of this project is to share stories through letter writing. Writers Sarah Connors and Polly Roberts have been meeting with individuals in and around Camborne and Redruth, sharing tales and banter which have prompted letter exchanges with children from Trewirgie, Penponds and St John's Primary Schools.

Some of these stories have been recorded and others printed on postcards with illustrations by the children supported by illustrator Keith Sparrow.

To listen to the audio stories please scan the QR code or visit www.thewritersblockcornwall.podbean.com, and all the stories can be found at www.thewritersblock.org.uk/the-library

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